

# The City Connection

*Art, Fashion, Music, Entertainment, Education, Health, And Fitness*

*Issue 16*

*Magazine*

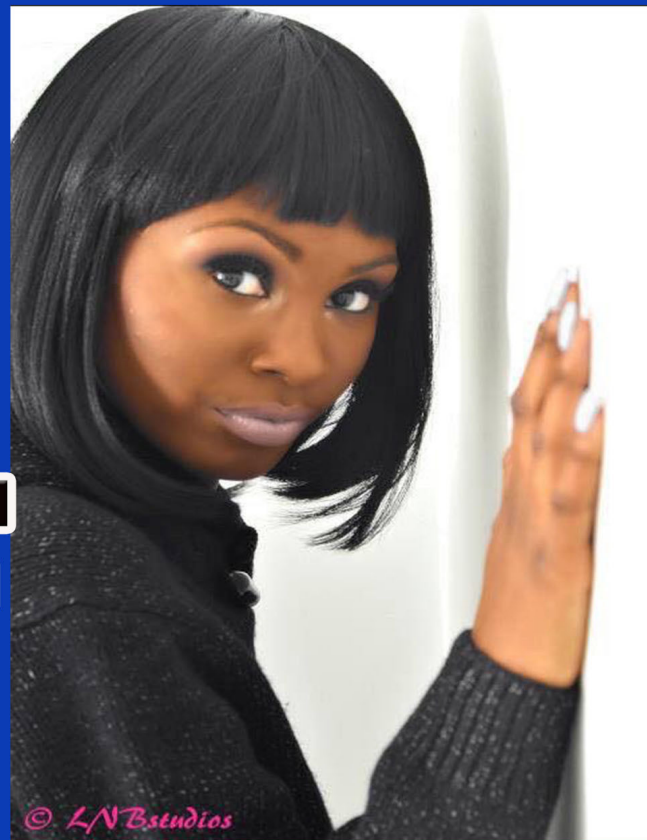
## Leonard Black

*A message to  
the youth from  
a convicted  
robber/  
extortantist  
who was  
sentenced  
to 30years  
and who  
completely  
changed his  
life around  
and defeated  
Cancer....*

# BMF

*Terry Flenore*

Exclusive  
face to face  
interview



## The Model Spotlight

*Your  
Health*

# The City Connection Magazine

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The City Connection Magazine  
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Javone Johnson



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The City Connection Magazine  
The City Connection Films

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**aka “Southwest T”**

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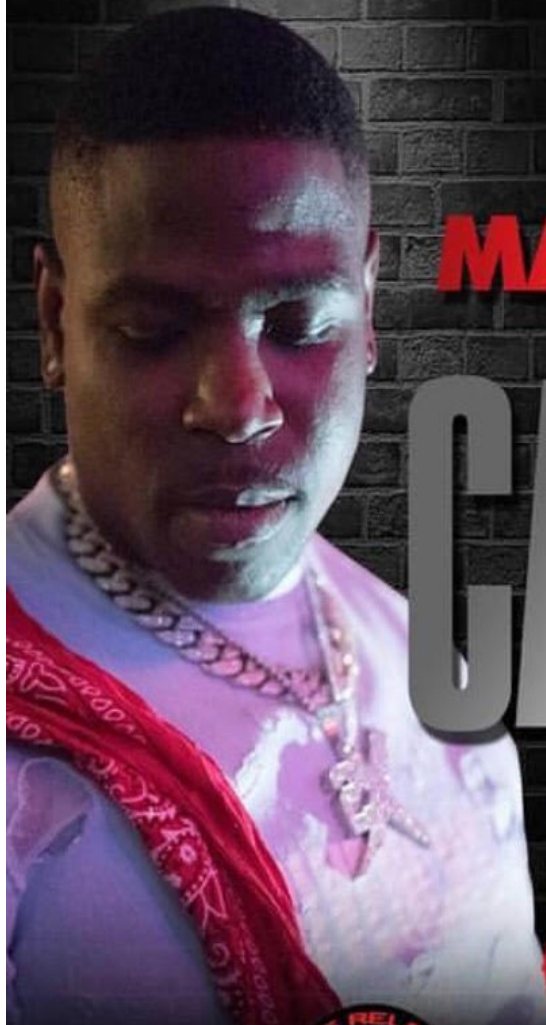
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# Positive Kid Award

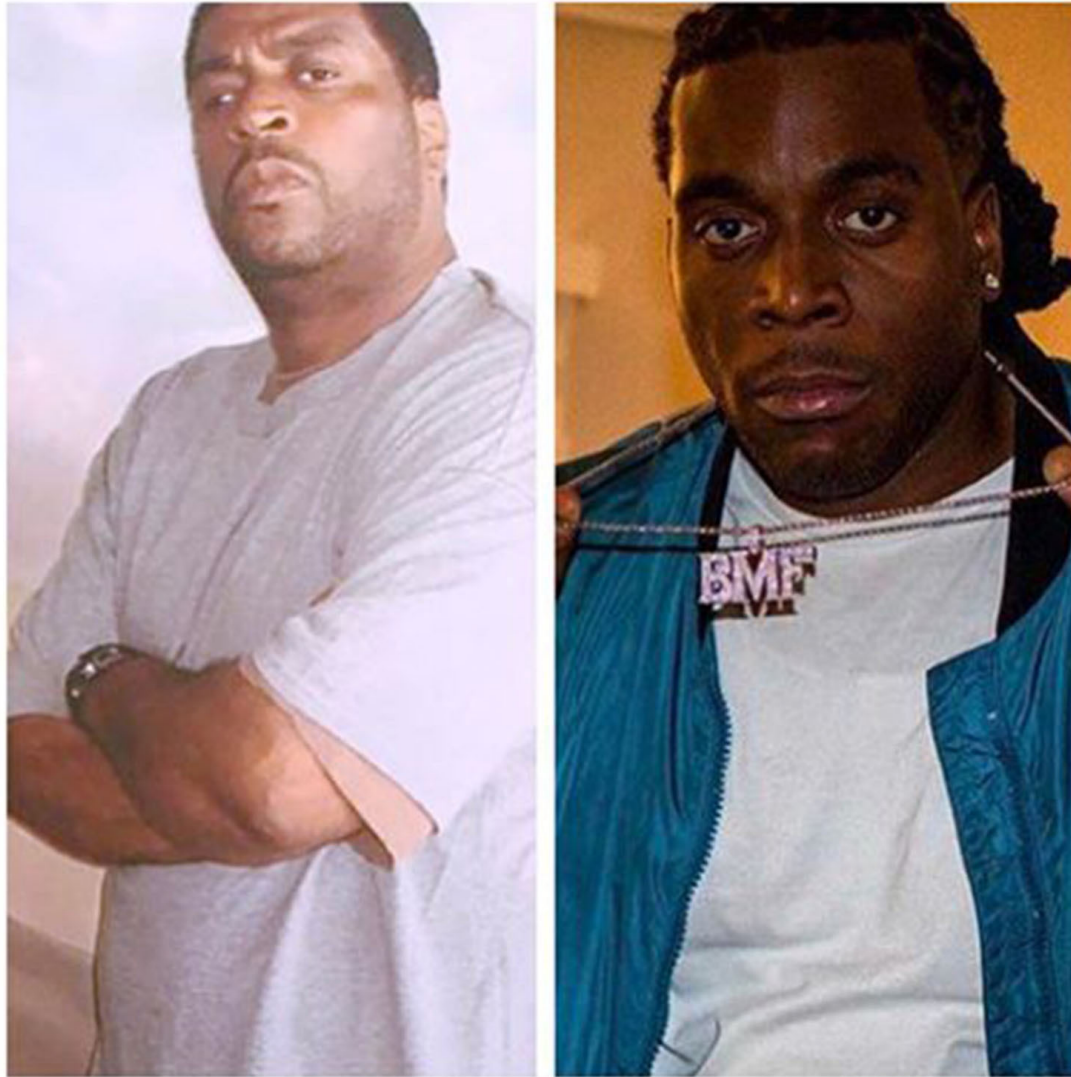
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This Positive Kid Award goes to **Makiah Hill** of Grassfield Elementary School for receiving student of the month.

# BMF Terry Flenory By Javone Johnson

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shown above) Terry Flenory (right) and his son Terry Flenory Jr. (left)

It was a cold day in my 2 man cell at FDC Philly about 2 days before Christmas of 2016 and my celly say “here, read this BMF book” and I was like “ I already read it twice but fuck it I will read it again.” Then a few minutes later the CO said “Johnson pack it up! You’re headed to FCI Fort Dix. Unbeknownst to me once I arrived at the A&O Building a calling was waiting. It was 4:00 which means it’s stand up count for the entire federal system in the United States. So as I stood at the edge of my Bunk, I looks over to my right and across the

hall in another room and was eye to eye contact with theone and only Terry Flenory aka “Southwest T.” After reading my expression, he walked across the hall and shook my hand as if we knew each other for years. The energy was mutual. He moved in a respectful and humble manor. In my mind, I knew it was destiny for me to get this interview and after about a month of observation, I identified myself as the publisher of The City Connection Magazine and asked for the interview. Terry’s response was “sure I heard of you “ I read your issue with Rick Ross (Issue #4) on the

cover while I was in the medium, Im down to help anything that is positive, just let me know what I got to do.....

**“ My relationship with my brother is well. We have one common goal which is freedom “ Terry Flenory BMF**

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JJ: What is your name?

TF: My name is Terry Flenory and I'm from Detroit Michigan.

JJ: How old are you?

TF: I'm 47 years old.

JJ: What were your charges and the sentence that you received?

TF: I was charged with an 848: Conspiracy to distribute cocaine and money laundering. I was sentenced to 360 months.

JJ: What Federal Institutions have you been in?

TF: While incarcerated I've resided at Herlong CA, Pollock LA and Coleman FL.

JJ: For those who don't know, what is BMF?

TF: BMF is Black Mafia Family, an entertainment company that didn't entirely fulfill its true purpose.

JJ: How is your relationship with your brother Big Meech?

TF: My relationship with my brother is well. We have one common goal which is freedom. Due to a harsh sentence, time seems to be running out for returning home to our children and our parents.

JJ: Now that you are incarcerated, what are you doing with your time?

TF: I mentor the youth on how to be better men and avoid returning to prison.

JJ: It is my understanding that a TV series may be in the works, can you tell us about it?

TF: We're in negotiation with several parties and have had discussions with 50 Cent, however, at this time no deals have

been inked.

JJ: Any visits from any famous or well known people?

TF: Everyone is a celebrity in my eyes, so on this journey anyone who has paid me a visit is a celebrity.

JJ: If you could do it all over again, what would you do different?

TF: I would definitely encourage people to use their ability in the community for positive goals like educating instead of the route I chose. I would also build an unbreakable bond with my family, as well as follow their music passion that so many of us have.

JJ: Are you married? Do you have any children?

TF: No, I'm not married. I have two biological children, a son and a daughter. Prior to my incarceration, I was in a long term relationship for more than a decade and assisted in raising her 3 children.

JJ: What are your future plans?

TF: My future plans are to run a successful entertainment company operating in both the music and film industry. As well as build one of the largest non profit organizations in the country to aid the youth and the homeless. There are so many that are still impoverished in this country.

JJ: Any words of encouragement for the youth?

TF: Live your dream, fulfill your true purpose and avoid peer pressure. TCCM

## 'The Condition of Classes Daily' By Founder of Playcallerz, M.Melton for The City Connection Magazine (exclusively)

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Hello 7 Cities! Once again in connection with 'The City Connection Magazine' I offer your daily dose of cough syrup & reflection! Enjoy with coffee or caution, but either way you view it please give feedback and keep it clean.

"Always remember... Aim to be felt never loved or hated cause people will never see the same as you see things even if you meet on one Topic its something to start a thought on which with action leads to social change, awareness, and eventual movements"  
- Homar ibn Melton-Belin

As of the time of this writing Europe countries of France, Spain, and Italy most notably continue to assert their claim to Americans Land , Freedoms, and Rights in effort to delete Protestant faiths/voice to a Catholic secular one brazen enough for Vatican to house a \$30 Million dollar Gay Mansion resort complete with holy themes!

Most Democratic states are voting in favor of these Holy/Hell bound thieves who actually only add up in mobs (hence the term) and fear Assertive subjects such as myself and long to remove knowledge from my Nations ears as they dont have to raise kids in this "new society" of impulse and irrational rule where uneffective quick fix laws together showing the immaturity and fears (estrogen) when faced with adversity.

The geeks that make anti - bully campaigns are true bullies manytimes whom lack familiarity with positions of power and recruit from any sector of life that will allow them to level

guilts with others in attempt to secularize them and justify savage cultures that are foriegn to US and Protestant/Jew/Muslim Men traditionally. Women have the right to turn they're heads, but Men dont and if they want to assert themselves as men now is the time to speak up act out and let them know if needed we will say what they cant as masculinity and free speech are in final days!

Obama's record executive orders makes you clearly see whom placed him in presidency (Media,Banks, Catholics) who have virtually nothing to lose yearly as our world is adjusted to their demands and concerns more than ours. Judging by rising Aid rates and Obamacare's sinking of tax dollars into sex/hormone changes we are lucky its on chopping block and anything better will save us but we must save ourselves! First!

Smartphone imprisonment of the minds of our Women has paralyzed our homes and tricked whom hold our dearest Votes and potential at American voices being heard! Steadily lying that Confederate is a bad word and no blacks fought in Civil War is False and in Natchez, Miss & S.C Black Masters did exist that fought in

the civil war . Below I will prove my (N.Charleston) Greatgrandfather went to war leaving \$31, 000 meaning almost half million today in 1864 currency and died for whats left of our freedom.

With that said we must educate ourselves on YouTube/Wikipedia etc. as they soon may not exist and information and marijuana are about to be control points for isms-ist seeking investment in slavery! These "new"cultures that we see changing our Nation to a wierd/non social one where white people from Germany/U.K are prejudiced more than we are! In a country that they defended, stop slavery (no bailout-only D.C slaveowners \$300 per) culture here and UK even breaking off from the them recently (see Brexit) at a loss for now sacrificing partnerships to right the transgressions/ investments of yesterday so we don't repeat the violence of the Civil War.

Nevertheless, these secular nations continually 'suck life' from Americans daily then offer them Psychiatric Services they commence case studies from steal students ideas from PUBLIC college 'canvases' in effort to create a fantasy society where no fight or complaint



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emerge and all forms of communication are monitored by private investors! Since 2004 Virginia has joined this heathenistic Union that failed the Soviet and is failing EU and new American Union where tags and bare minimum life expenses are re-tailed out at high prices and you must pay twice for Rent & HOA fees monthly. Don't believe me look it up, I wish I was lying but we all see how Allah stopped the world until Jesus true birthdate Jan. 7. In addition, EU members are now leaving UK in fear of the coming Exodus for their actions... I wonder why....guess guilt will eat you alive!

remember the Founding Fathers were felons and came across deadly seas to leave a perverse Monarchy where Emperors and Kings ordered men of status from different regions to entertain them! Felons founded the US but 400 years after a felon can be President but basically can't travel unrestricted, hold financial licenses, or

Look in their pasts and find all the CONSPIRED slayings see (Crusades, Huguenots, -which I myself descend, etc.) These are all nations that still use physi-

cal slavery and mental slavery (net neutrality/marx,-fascism, abusing liberalism for INDULGENCES) within USA as they come and go back and forth to THEIR homeland leaving a village of strangers (US/America) wrought with disease, confusion, most importantly distrust within a civilized network that needed no foreign nobility 'advice/involvement' to come show us poisonous profit seeking tactics that left bloodshed in natives at one time recently.

Humanity has real problems that are far and wide and if not very mature or aware you can easily mistake events opinions and offend a ally. Watered down fake news is more deadly than idle time when people are fully aware of the rules but continually give false hope, food, and news out expecting a joyful/blind loving nation to keep be loving. If only we were made aware and Confederated like before and all other nation where we have allies and it's not a bad word. Shoosh!

P.S- Never call me Vito again as it was a fantasy street name I must shed immediately! This should definitely get you through first week in inserts. However just please let them get

it raw as possible broken down so they don't miss notions. Ultimately we can build over a medium such as Zoom, Google Hangouts. Or in person.

PS-Stay up family and keep at it, I can never explain how much influence you had in mentoring and polishing my outlook when we created E.W 2012. Call any time (757)-235-3577.





(Shown above) Dbf The Prince

**Fresh home out of the Feds, Dbf The Prince has a point to prove, that he is back on the come up.**

**TCCM:** What is your name and where are you from?

**Dbf:** From Dbfdaprince baltimore murderland

**TCCM:**How did you come up with that name and what does it mean?

**Dbf:** Well first I always stayed

with the best clothes, cologne, jewels, haircuts, and money, different cars, and I rapped so I came up with dopeboi-fresh. People then started callin' me dope but the name has nothing to do with drugs just means I stay on flee 24-7 365 days a year then I grew to dbfdaprince, cause we already have a lot of kings in our city so I'm the prince of bmore

citydbfdaprince dat is.

**TCCM:**How long have you been rapping?

**Dbf:** 10 years

**TCCM:**Who are some of your influences?

**Dbf:** Eazy-E , Rick Ross, Meek Mills, TI, Jeezy, Kendrick Lamar, Wale.

**TCCM:** Where does your inspiration come from?

**Dbf:** The drive of the music the passion, I used to rap when I was 15 and tell my sister Ima be a rapper and I've had inspiration from my idols TI, Wale, and Kendrick Lamar cause I can relate to their method and ways of the craft and caliber of music. I lived in the slum and was homeless now look at me. I know where I wanna go now.

**TCCM:** We heard that you did a Bid, tell us about if and what you learned from it.

**Dbf:** I learned that you can't blame no one for your mistakes, you live and you learn, and when breakin' law it's a terminology that the ol' heads use, it's called paying your dues. When doing time, you grow to be an all-around intelligent person again. It's like comin' back from the dead, and I had to learn the hard way. The judge told me that I was a bad judge of character, 4 years Fedtime, at first I couldn't understand it. But I saw who I once was before; now after I worked on

myself to be magnificent, great, a leader, strong, dominant, to live right, and to keep negativity at an arms distance. That is what I learned. Go get it (in my TI voice).

**TCCM:** What separates you from the rest?

**Dbf:** I mean I'm a breath of fresh air, I'm like the potpourri you burn in your house, I stay lit like candlesticks, when you see me you don't see same ol' same ol', you see flamboyant, greatness, ambition, TTG (trained to go) attitude that's what eliminates me from the rest. I'm Ethiopian, black, Creole, first Ethiopian artist, I'm dat lol! O forgot, I had a deal with Momma Pain (T Pain's mom), Chinx drugs Cokeboys rip.

**Dbf:** How can we find you on social media?

Follow me I follow back  
IG: dbfdaprince/datpiff.com  
Dopeboifreshslick mixtape, download it with Cokeboystags./Dopeboifresh and beastdabully/youtube.com.  
Snapchat: dbfdaprince  
FB: Tayvondbfdaprincephillips.  
Google me too!



(shown above) Blockz brainstorming



Journey of a Ridha the mixtape available now

**Straight** out of the cold streets of Park Plack, Norfolk, comes Blockz. Here to discuss his new mixtape after a 10 year prison bid. It's all or nothing.

**TCCM:** Tell us your name and where you are from?

**B:** My name Blockz I'm from Norfolk Virginia.

**TCCM:** Who were some of your influences that inspired you to rap?

**B:** Influences, the old heads, my kids, Shtro FOE, Frankie Trillz, Uncle Block GB, J, my Grandma (my idol).

**TCCM:** Describe your childhood?

**B:** It was ruff, I was raised in a household of 11 kids. My brother parents raised me, my pops Ernest Lee Bass Sr....my biological father (no love) was a crack addict my mom's was young and trying to keep a roof

over our heads. She is someone who was very ill from sickle cell, with a pacemaker on her heart and I love her more than ever now.

**TCCM:** Who inspired you to rap?

**B:** Life experiences inspired me to use this gift from God. I been writing music since I was five years old. In fact, my brother Fritz was first to show me the drive with this music. My cousin Gutter the Rap Father was the first to show me you can do anything that you put your mind to, as long as you got the skill set for whatever it takes Frankie trillz was first to show me the road life and the street team with posters flyers..cds..

**TCCM:** Tell us about your mixtape?

**B:** Journey of a Ridha is the beginning to my legacy. Raw wordplay, concept stories, the real Virginia dark side, music

is my passion rapping is therapeutic.

**TCCM:** Where do you see Hip Hop heading?

**B:** Hip hop is evolving right now so I appreciate the music, the culture, I love the new and the old. It's about building higher each and every time. It's an expression, a vent for my scars in the slums from the bottom to the marble floors.

**TCCM:** Any shout outs?

**B:** Yeah I honor this magazine, my family my mother, my brothers, my Ceo/manager J The Hustler, the fans, my circle of supporters, FOE Frankie Trillz, Shtro, Gwop Chasers, and Hardhead Boi, The whole Virginia, the 7 cities, and Norfolk the streets that raised me. Follow me on Instagram @gwopchaserblocko

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# Whats on the Menu (Healthy Living)

It is 2018 and more people are becoming more conscious of what they are putting into their bodies. Many of you are always on the go and it can be difficult to eat right so our two certified chefs are the ones to call on for all of your meal prep needs and they both deliver.

Follow @mschemonet  
if you like the  
Mediterranean  
Couscous Salad



(shown above) **Mediterranean couscous salad**

Follow @fool757  
if you like the Rice Pilaf,  
Grilled Vegetables w/  
Balsamic Glaze



(shown above) **Rice Pilaf, Grilled Vegetables w/ Balsamic Glaze**

# A Message to the youth By Leonard Black

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**This is a message to the youth that proves crime don't pay. Leonard Black who is currently serving a 30 year Federal Sentence at FCI Ft Dix Nj for robbery and a list of other crimes is dedicated to not only changing his life, but the lives of others. A true fighter, who just defeated Cancer is now fighting for his freedom to show the world that anyone can change over time.**

## "Changes Over Time"

Change is to alter, transform, adjust, modify, or just plain old do something different. A change occurs every second of the day. Some changes happen so fast that you don't even realize there was a change. Changes can be for the better or the worse depending on how you view them. Are you afraid of change? If so, why? Whether you know it or not or even whether you care or not, change is inevitable, it is going to happen. We as a people are always questioning the actions of others when we see or hear something that is out of the ordinary. But the thing we don't realize is that those out of the ordinary things are just something different. I have heard numerous sayings that state, "If it aint

broke don't fix it," or "Don't go away from something that is working" or "Let's stick to the same things that got us here" just to name a few. Now I don't know about you, but I think that if you stick to the same program, then eventually it is going to stop working for you or some obstacle is going to get in your way that forces you to alter what you are doing. Look at the game of chess for a second or any sport or anything for that matter that has an effect in your life. Do you see the similarities? What do they have in common? Well let's take a close look. When you sit down to play a game of chess, you have a game plan or a strategy. Right? The same thing applies to sports and life if you plan on being a success. But what happens when someone does something to throw your plan off or puts a monkey wrench in your program? Yup, you guessed it; you make a change or do something different. Is that out of the ordinary? Personally, I don't think it is; mainly because you are just going to have to make adjustments. It's just as simple as that. No matter how much you plan or prepare, alterations will have to be made. Throughout your lifetime, you go through a number of drastic changes that help you

evolve into adulthood. Your method of travel (scooting, crawling, then walking), your physical appearance (puberty) and even your ability to speak (voice) have had to improve as you grew older. Each of the three things that were mentioned had to go through a stage of change. If not, there would not have been any progress in technology.

Now, after reading this, it shouldn't be too hard to accept changing. Especially since you have been made aware that change is most definitely inevitable. Your condition IS going to change, as well as my condition is going to change.

As long as we come together for the common causes of righteousness and unity, change will be a good thing. Think about this for a moment. Are you actually happy with your condition, and have you done anything to make it better? You can be a part of the solution, that is if you want to. Or you can stick to your plan of being right where you are in society. This is actually nowhere. If you don't think a change can help you improve your lifestyle, you are highly mistaken. So, go ahead, give change a try and see what it does for you. I have tried and continue to try it and it

is working out pretty well as far as I am concerned.

First and foremost I would like to greet everyone by saying "Peace!!!"

Now, because of some very technical problems that I am going through at the present time I am not able to be there in person, but I would like for each and every one of you to pay close attention to what I havt to say. I am presently inside the belly of a beast because of bad choices and unless something gives in the Federal Laws or a Time Reduction Motion (for the right thing) is granted I will be in here until 2030. That's right, you heard it correctly, "2030!" It is not 2019 which means that my present out date is still more than 12 years away. I will be 49 this year, so if nothing gives, I will be released when I'm 61. I have been away from society for 19 1/2 years and I often find myself trying to figure out where I went wrong. I also try to figure out what I could have done to live a more productive life.

It has taken me a while to realize that society doesn't care how old you are if you are going down the wrong road. Yea, I know everybody wants to be popular or just part of the in crowd,

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but why? One answer I came up with is everyone wants attention. I wanted new clothes, money, and a whole lot of friends. Isn't that what you want right now? Don't you want to live the music and video lifestyle? I'm sure that everyone in this room has had dreams of living the glamorous life. Am I right? It shouldn't take long for all of you to agree with me on that. But this might take some time. Are you just trying to survive? Some of you might fit into this category for various reasons. Think for a moment, are you trying to fit in or survive? I fit in to both categories. That's right; you heard it correctly, I said "I fit in to both categories."

With me everything started out as survival tactics, schemes, and games. When there wasn't enough to eat, I stole something to eat. When my mother didn't have enough money to give me for clothes and field trips, I found a way to get some cash to do what I wanted and get what I needed. I made sure that I was going to survive. After a while, I began to do things just to match up with people who had stuff. I kept my grades up because I wanted to play sports and I even graduated from high school.

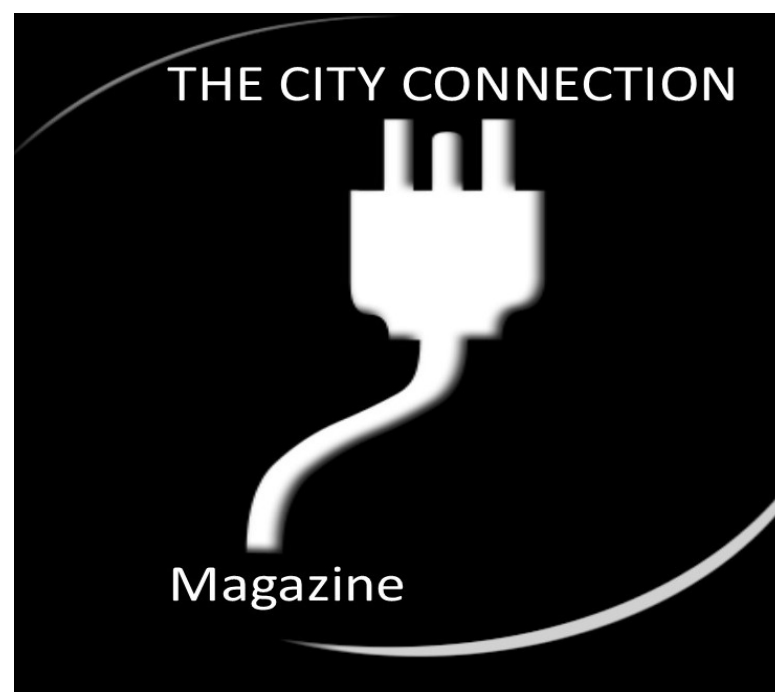
It took a while for me to get popped off by the cops. I thought for a long time that I would never get knocked. But that day came when I turned 17. I didn't go to jail, but they put me on probation because my grades at school were pretty good. Plus, it was my first time. Every other time I got close to getting into trouble, I ran and got away. Getting caught was not something I had planned on and even though I didn't get locked up, I quickly realized that probation was some straight garbage, but I made it off paper in a year. Does this sound familiar to any of you? I could go on and on in full detail about what type of crimes I have done, but I don't want to glorify the crime life or bore you with my life story any longer. I want to make sure that each and every one of you takes heed to what I have written.

Life is what you make it. You will have choices. The outcome of what you make out of your life can be changed for the better or for the worse depending on your choices. No one wants to spend their life in the belly of the beast. If any of you say that is what you want, you are lying to yourself. Some of you might even have children. Do you

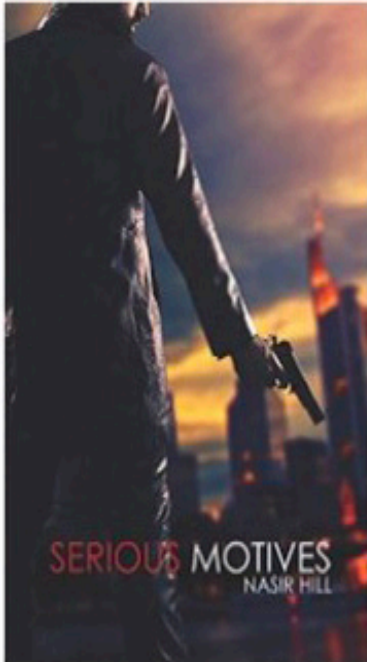
want them to go through the same things you are?

I know grimy personally. Have you ever seen grimy? Have you ever met a real killer? Do you think a grimy person or killer really cares about you? This is not a game. This is REAL, and I do care that's why I'm reaching out to you in hopes that you stop doing the things that will lead you to an early death or in a place like I am for a very long time or the rest of your life. This life is not cool. You have plenty of time to change directions and turn your life around.

**Leonard Black FCI FT  
DIX NJ**



# The Book Report



## Serious Motives

by Nasir Hill

Paperback

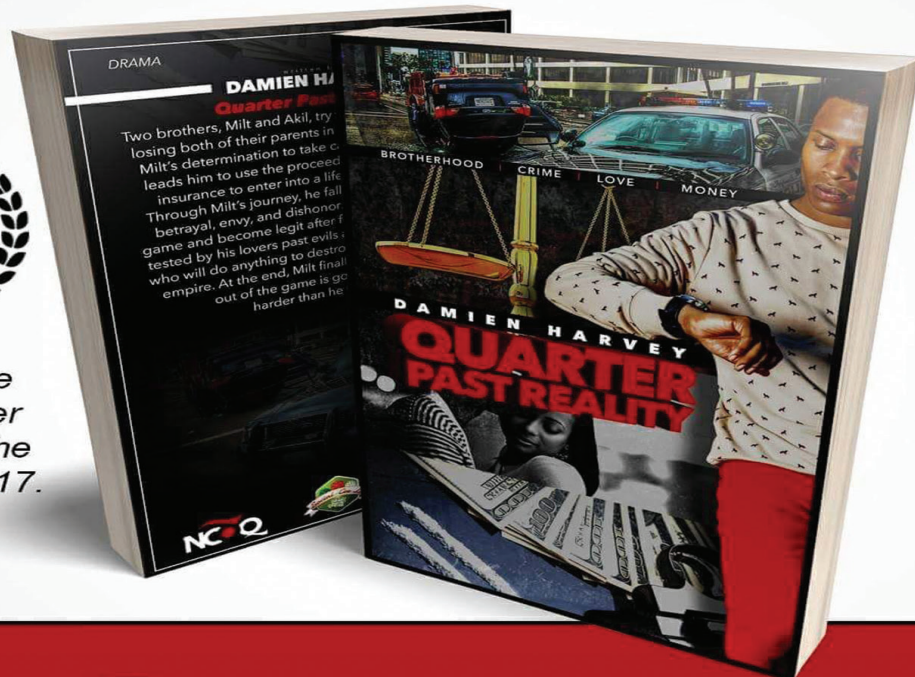
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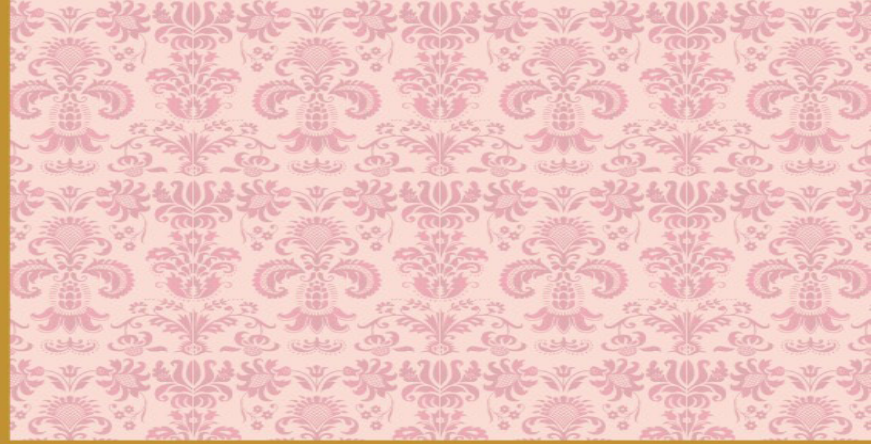


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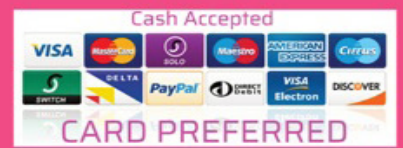
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Name: Mykesha Branch  
Occupation: Model  
From: Norfolk, Virginia

# Model Spotlight

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**Name:** Marianna  
**Age:** 21  
**Occupation:** Model  
**From:** Medellin, Columbia

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*Got Sauce!*



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